

USATF SoCal Masters Championships - 5/28/2016

Cerritos College

Results - Today's Meet - Age Grading: 5 Yr Indiv & 5 yr Multi

W29&U 100 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#
Finals					
1 271 Uchechi Anuukor	W25 Unattached	11.96	1.4	11.97 87.71%	2
2 248 Jackee Thompson	W24 Unattached	13.63	1.4	13.64 76.96%	2
3 184 Suzanne Arenal	W16 Unattached	17.03	2.0	17.04 61.60%	1

W35 100 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#
1 105 Melisa Barber	W35 Adidas Garde	11.58	1.4	11.47 91.54%	2

W40 100 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#
1 176 Elly Mann	W40 Trojan Masters T.C.	13.72	1.4	13.10 80.10%	2
2 270 Zoe Shawl	W41 SC Striders	13.82	1.4	13.20 79.52%	2

W45 100 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#
1 125 Colleen Barney	W49 SC Striders	13.66	1.4	12.57 83.53%	2

W50 100 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading
1 212 Venus Jewett	W51 Unattached	13.85	2.0	12.25 85.63%

W60 100 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading
1 132 Rita Hanscom	W62 SC Striders	15.64	2.0	12.74 82.42%
2 129 Linda Cohn	W63 SC Striders	16.06	2.0	13.08 80.26%

W65 100 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading
1 137 Brenda Matthews	W66 SC Striders	15.36	2.0	11.97 87.70%
2 134 Pat Kelly	W66 SC Striders	16.67	2.0	12.99 80.80%

W75 100 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading
1 127 Kathy Bergen	W76 SC Striders	15.51	2.0	10.78 97.29%

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M29&U 100 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#
1 177 Ramsey Nasser	M29 Trojan Masters T.C.	11.89	2.3	11.90 82.34%	5

M30 100 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#
1 154 Justin Hernandez	M33 So Cal Track Club	11.89	2.3	11.90 82.34%	5

M40 100 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#
-- 266 David Lee	M44 Unattached	DNF	2.3		5

M45 100 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#
1 273 Michael Thomas	M46 Unattached	13.24	2.3	13.25 73.94%	5
2 183 Claudio Andrade	M49 Unattached	13.30	2.3	12.36 79.25%	5
3 263 Majid Niroumand	M45 So Cal Track Club	13.88	2.3	12.90 75.94%	5

M50 100 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#
1 151 Robert Foster	M54 So Cal Track Club	12.33	1.1	11.10 88.24%	4
2 223 Gary McCullouch Sr	M54 Unattached	12.67	1.1	11.40 85.87%	4
3 171 Tony Clemons	M50 Trojan Masters T.C.	12.68	1.1	11.41 85.80%	4
4 188 Mark Berry	M54 Unattached	12.77	1.1	11.49 85.20%	4

M55 100 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#
1 201 Willie Gault	M55 Unattached	11.37	-1.2	9.90 98.94%	3
2 231 Joseph Patridge II	M58 Unattached	12.89	-1.2	11.23 87.28%	3
3 274 Zahid Shah	M57 Unattached	13.51	1.1	13.52 72.46%	4
4 256 Victor Wilson	M56 Unattached	13.97	-1.2	12.17 80.53%	3
5 153 Bob Griffiths	M56 So Cal Track Club	14.25	-1.2	12.41 78.95%	3

M60 100 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#
1 136 Damien Leake	M63 SC Striders	12.96	0.3	10.91 89.81%	2
2 139 Joe Ruggless	M62 SC Striders	13.60	0.3	11.45 85.59%	2
3 130 Steve Cummings	M60 SC Striders	13.77	0.3	11.59 84.53%	2
4 182 Mark Robinson	M60 U.S. Army	14.48	0.3	12.19 80.39%	2

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M65 100 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading
1 174 F Eugene Driver II	M65 Trojan Masters T.C.	13.66	1.9	11.08 88.36%
2 236 Ed Rose	M67 Unattached	14.99	1.9	12.16 80.52%
3 150 Carl Flowers	M69 So Cal Track Club	15.25	1.9	12.37 79.15%

M70 100 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading
1 138 Ronnie Muranaka	M72 SC Striders	16.41	1.9	12.78 76.66%

M75 100 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading
1 249 Karl Thorpe Sr	M77 Unattached	17.22	1.9	12.76 76.71%
2 238 Steve Ryan	M75 Unattached	18.39	1.9	13.63 71.83%
3 267 Jerry Silverman	M79 Unattached	24.68	1.9	18.29 53.53%

W29&U 200 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#
1 248 Jackee Thompson	W24 Unattached	28.12	3.1	28.13 75.89%	2
2 184 Suzanne Arenal	W16 Unattached	35.36	2.1	35.37 60.35%	1

W40 200 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#
1 176 Elly Mann	W40 Trojan Masters T.C.	27.69	3.1	25.87 82.48%	2
2 270 Zoe Shawl	W41 SC Striders	28.37	3.1	26.51 80.51%	2
3 133 MaryLou Johnson	W41 SC Striders	28.87	3.1	26.98 79.11%	2
4 173 Goldie aka LaTreas	W43 Trojan Masters T.C.	29.92	3.1	27.96 76.34%	2

W45 200 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#
1 125 Colleen Barney	W49 SC Striders	27.22	3.1	24.45 87.29%	2

W50 200 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading
1 212 Venus Jewett	W51 Unattached	28.79	2.1	24.83 85.97%
2 191 Amanda Clarke	W51 Unattached	31.58	2.1	27.23 78.37%

W65 200 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading
1 134 Pat Kelly	W66 SC Striders	36.08	2.1	27.22 78.41%

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M29&U 200 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#
1 177 Ramsey Nasser	M29 Trojan Masters T.C.	24.12	0.5	24.13 80.10%	5

M30 200 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#
1 154 Justin Hernandez	M33 So Cal Track Club	25.11	0.5	25.12 76.94%	5

M40 200 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#
1 272 Andrew Reyes	M41 South Bay Track	24.12	0.5	23.01 84.00%	5

M45 200 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#
1 183 Claudio Andrade	M49 Unattached	26.89	0.5	24.84 77.80%	5
2 172 BaoKim Coleman	M48 Trojan Masters T.C.	27.19	0.5	25.11 76.94%	5

M50 200 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#
1 122 Shigeki Makino	M50 Mass Velocit	24.45	2.6	21.85 88.47%	4
2 151 Robert Foster	M54 So Cal Track Club	24.87	2.6	22.22 86.97%	4
3 223 Gary McCullouch Sr	M54 Unattached	25.49	2.6	22.78 84.86%	4
4 179 Matthew Roberts	M51 Trojan Masters T.C.	26.59	2.6	23.76 81.35%	4
5 211 Douglas Ivy	M52 Unattached	26.97	2.6	24.10 80.20%	4

M55 200 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#
1 201 Willie Gault	M55 Unattached	23.33	1.1	20.15 95.93%	3
2 146 James Chinn	M57 So Cal Track Club	25.03	1.1	21.61 89.41%	3
3 256 Victor Wilson	M56 Unattached	28.42	1.1	24.54 78.75%	3
4 153 Bob Griffiths	M56 So Cal Track Club	29.36	1.1	25.35 76.23%	3

M60 200 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#
1 136 Damien Leake	M63 SC Striders	26.28	1.2	21.90 88.24%	2
2 139 Joe Ruggless	M62 SC Striders	26.56	1.2	22.13 87.31%	2
3 130 Steve Cummings	M60 SC Striders	28.62	1.2	23.85 81.03%	2
4 182 Mark Robinson	M60 U.S. Army	29.82	1.2	24.85 77.77%	2

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M65 200 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading
1 174 F Eugene Driver II	M65 Trojan Masters T.C.	29.33	5.2	23.49 82.27%
2 236 Ed Rose	M67 Unattached	31.13	5.2	24.93 77.51%

M70 200 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading
1 138 Ronnie Muranaka	M72 SC Striders	36.57	5.2	27.95 69.13%

M75 200 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading
1 249 Karl Thorpe Sr	M77 Unattached	35.32	5.2	25.49 75.82%
2 267 Jerry Silverman	M79 Unattached	55.93	5.2	40.36 47.88%
-- 238 Steve Ryan	M75 Unattached	DNF	5.2	

W40 400 Meter Dash

Name	Age Team	Finals	Age-Grading
1 133 MaryLou Johnson	W41 SC Striders	66.24	62.21 76.52%
2 173 Goldie aka LaTreas	W43 Trojan Masters T.C.	67.70	63.58 74.87%

W50 400 Meter Dash

Name	Age Team	Finals	Age-Grading
1 191 Amanda Clarke	W51 Unattached	69.53	59.63 79.84%

M30 400 Meter Dash

Name	Age Team	Finals	Age-Grading H#
1 113 Jonathan Tan	M31 ARC Run Club	53.63	53.64 80.51% 2

M35 400 Meter Dash

Name	Age Team	Finals	Age-Grading H#
1 169 Brian Duff	M39 Track Club L.A.	53.58	51.73 83.48% 2

M40 400 Meter Dash

Name	Age Team	Finals	Age-Grading H#
1 240 Thomas Schmierer	M43 Unattached	66.13	61.86 69.80% 2

M45 400 Meter Dash

Name	Age Team	Finals	Age-Grading H#
1 251 Anthony Wall	M46 Unattached	57.48	52.05 82.97% 2

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...M45 400 Meter Dash

2	143	Joe Blackman	M45 So Cal Track Club	66.37	60.10	71.85%	2
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M50 400 Meter Dash

Name	Age	Team	Finals	Age-Grading
1 122 Shigeki Makino	M50	Mass Velocit	56.03	49.05 88.04%
2 211 Douglas Ivy	M52	Unattached	60.88	53.30 81.03%

M55 400 Meter Dash

Name	Age	Team	Finals	Age-Grading
1 146 James Chinn	M57	So Cal Track Club	56.76	47.99 89.99%

M60 400 Meter Dash

Name	Age	Team	Finals	Age-Grading
1 121 Mark Davis	M60	Houston Elite	57.72	47.07 91.75%
2 139 Joe Ruggless	M62	SC Striders	63.81	52.04 83.00%

M65 400 Meter Dash

Name	Age	Team	Finals	Age-Grading
1 265 Monte Gast	M68	Unattached	1:29.55	70.18 61.53%

M70 400 Meter Dash

Name	Age	Team	Finals	Age-Grading
1 228 Marvin Murray	M71	Unattached	72.48	54.08 79.86%

W29&U 800 Meter Run

Name	Age	Team	Finals	Age-Grading
1 202 Me'Khai Gibson	W18	Unattached	3:09.87	3:09.88 59.66%
-- 264 Krishma Curry	W28	The Janes El	DNF	

W40 800 Meter Run

Name	Age	Team	Finals	Age-Grading
1 173 Goldie aka LaTreas	W43	Trojan Masters T.C.	2:43.97	2:36.38 72.44%

W45 800 Meter Run

Name	Age	Team	Finals	Age-Grading
1 168 Chris Gentile	W46	The Janes El	2:25.59	2:12.83 85.29%

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M29&U 800 Meter Run

Name	Age Team	Finals	Age-Grading
-- 221 Michael McCabe	M21 Unattached	DNF	

M30 800 Meter Run

Name	Age Team	Finals	Age-Grading
1 232 Andres Perezchica	M30 Unattached	1:55.13	1:55.14 87.82%
2 113 Jonathan Tan	M31 ARC Run Club	2:06.75	2:06.76 79.77%

M35 800 Meter Run

Name	Age Team	Finals	Age-Grading
1 245 Cory Smith	M37 Unattached	2:12.29	2:11.20 77.07%

M40 800 Meter Run

Name	Age Team	Finals	Age-Grading
1 107 Robert Elsinger	M41 ARC Run Club	2:16.30	2:10.31 77.59%
2 152 Barry Givens	M42 So Cal Track Club	2:27.10	2:20.63 71.90%

M45 800 Meter Run

Name	Age Team	Finals	Age-Grading
1 172 BaoKim Coleman	M48 Trojan Masters T.C.	2:39.27	2:26.58 68.98%

M50 800 Meter Run

Name	Age Team	Finals	Age-Grading
1 239 Billy Schipper	M51 Unattached	2:08.22	1:53.44 89.14%
2 179 Matthew Roberts	M51 Trojan Masters T.C.	2:08.68	1:53.85 88.82%
3 161 Allen Smith	M53 So Cal Track Club	2:20.96	2:04.71 81.08%
-- 101 Mike Dietz	M52 A Snail's Pa	DNF	

W29&U 1500 Meter Run

Name	Age Team	Finals	Age-Grading
1 112 Dominique Picker	W25 ARC Run Club	5:04.12	5:04.13 76.44%

W35 1500 Meter Run

Name	Age Team	Finals	Age-Grading
1 109 Alisa Fisher	W36 ARC Run Club	5:23.02	5:18.89 72.90%

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W40 1500 Meter Run

Name	Age Team	Finals	Age-Grading
1 250 Amy Wall	W43 Unattached	5:46.93	5:28.10 70.86%

W45 1500 Meter Run

Name	Age Team	Finals	Age-Grading
1 168 Chris Gentile	W46 The Janes El	4:57.22	4:28.75 86.50%
2 102 Ilona Kojalovica	W49 A Snail's Pa	5:27.76	4:56.37 78.44%
3 218 Jennifer Lazio	W47 Unattached	7:10.28	6:29.06 59.75%

W50 1500 Meter Run

Name	Age Team	Finals	Age-Grading
1 167 Tania Fischer	W50 The Janes El	4:58.27	4:17.32 90.34%

M29&U 1500 Meter Run

Name	Age Team	Finals	Age-Grading	H#
1 111 Terence Galasso	M24 ARC Run Club	4:16.72	4:16.73 80.24%	2
2 258 Dylan Kent	M28 ARC Run Club	4:25.17	4:25.18 77.69%	2

M35 1500 Meter Run

Name	Age Team	Finals	Age-Grading	H#
1 245 Cory Smith	M37 Unattached	4:11.90	4:09.71 82.50%	2

M40 1500 Meter Run

Name	Age Team	Finals	Age-Grading	H#
1 107 Robert Elsinger	M41 ARC Run Club	4:31.78	4:18.71 79.63%	2
2 152 Barry Givens	M42 So Cal Track Club	4:35.59	4:22.34 78.53%	2
3 240 Thomas Schmierer	M43 Unattached	5:12.13	4:57.12 69.33%	2

M45 1500 Meter Run

Name	Age Team	Finals	Age-Grading	H#
1 110 Mark Fitzpatrick	M45 ARC Run Club	4:27.21	4:03.83 84.48%	2
2 252 Rafer Weaver	M47 So Cal Track Club	4:45.77	4:20.77 79.00%	2
3 210 Matt Hood	M46 Unattached	5:24.87	4:56.45 69.49%	2

M50 1500 Meter Run

Name	Age Team	Finals	Age-Grading
1 189 Steven Bishop	M51 Unattached	4:45.47	4:09.25 82.65%
2 200 Oliver Gallego	M54 Unattached	5:05.52	4:26.75 77.23%

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M55 1500 Meter Run

Name	Age Team	Finals	Age-Grading
1 147 Mark Cleary	M57 So Cal Track Club	5:43.17	4:46.11 72.00%

M60 1500 Meter Run

Name	Age Team	Finals	Age-Grading
1 247 Carl Stromberg	M61 Unattached	5:05.91	4:02.87 84.82%
2 118 Perry Forrester	M63 Cal Coast Tr	5:09.69	4:05.87 83.79%
3 259 Bob Morris	M63 Unattached	5:31.67	4:23.32 78.23%

M65 1500 Meter Run

Name	Age Team	Finals	Age-Grading
1 114 Barry Witler	M65 ARC Run Club	5:53.46	4:26.13 77.41%
2 242 James Shanks	M65 Unattached	6:51.58	5:09.88 66.48%

W45 5000 Meter Run

Name	Age Team	Finals	Age-Grading
1 218 Jennifer Lazio	W47 Unattached	24:38.33	22:32.68 63.92%

M30 5000 Meter Run

Name	Age Team	Finals	Age-Grading
1 255 Robert Wilson	M31 Unattached	19:11.64	19:11.65 65.73%

M40 5000 Meter Run

Name	Age Team	Finals	Age-Grading
1 175 Matthew Gibson	M44 Trojan Masters T.C.	22:38.45	21:51.05 57.74%

M45 5000 Meter Run

Name	Age Team	Finals	Age-Grading
1 103 Miguel Magana	M49 A Snail's Pa	18:17.88	17:01.25 74.12%
2 194 Gerard Deegan	M48 Unattached	20:48.07	19:20.96 65.20%

M50 5000 Meter Run

Name	Age Team	Finals	Age-Grading
1 200 Oliver Gallego	M54 Unattached	18:19.11	16:24.04 76.93%

M55 5000 Meter Run

Name	Age Team	Finals	Age-Grading
1 165 Paul Van Zuyle	M55 So Cal Track Club	17:26.71	15:00.59 84.06%

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M60 5000 Meter Run

Name	Age Team	Finals	Age-Grading
1 118 Perry Forrester	M63 Cal Coast Tr	18:27.65	15:14.37 82.79%
2 197 Dennis Donahue	M61 Unattached	23:04.58	19:02.98 66.23%

M65 5000 Meter Run

Name	Age Team	Finals	Age-Grading
1 114 Barry Witler	M65 ARC Run Club	20:48.58	16:25.38 76.82%

W40 10000 Meter Run

Name	Age Team	Finals	Age-Grading
1 106 Susan Armenta	W42 ARC Run Club	44:07.89	42:19.07 70.94%

M40 10000 Meter Run

Name	Age Team	Finals	Age-Grading
1 244 Noel Singh	M41 Unattached	41:50.96	40:22.58 65.22%

W60 80 Short Hurdles

Name	Age Team	Finals	Wind	Age-Grading
1 132 Rita Hanscom	W62 SC Striders	15.05	-0.1	14.94 81.73%

W65 80 Short Hurdles

Name	Age Team	Finals	Wind	Age-Grading
1 137 Brenda Matthews	W66 SC Striders	42.15	-0.1	37.96 32.17%

W30 100 Short Hurdles

Name	Age Team	Finals	Wind	Age-Grading
1 260 Erica Varela	W33 Unattached	18.27	1.0	18.28 66.83%

M50 100 Short Hurdles

Name	Age Team	Finals	Wind	Age-Grading	H#
1 199 Jonathan Forte	M51 Unattached	21.78	1.0	20.92 61.71%	2

M55 100 Short Hurdles

Name	Age Team	Finals	Wind	Age-Grading	H#
1 193 Brian Conley	M55 Unattached	17.23	1.0	15.91 81.20%	2
2 158 Mahmoud Niroumand	M59 So Cal Track Club	18.08	1.0	16.69 77.38%	2

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M60 100 Short Hurdles

Name	Age Team	Finals	Wind	Age-Grading
1 156 David McLawhorn	M61 So Cal Track Club	19.29	1.2	17.39 74.29%
2 130 Steve Cummings	M60 SC Striders	20.42	1.2	18.41 70.18%

M60 300 Long Hurdles

Name	Age Team	Finals	Age-Grading
1 130 Steve Cummings	M60 SC Striders	51.10	51.11 91.55%
2 135 Bob Larsen	M62 SC Striders	54.80	54.81 85.36%

M60 2000 Meter Steeplechase

Name	Age Team	Finals	Age-Grading
1 117 Dale Campbell	M62 Cal Coast Tr	7:17.01	8:50.49 89.28%

M65 2000 Meter Steeplechase

Name	Age Team	Finals	Age-Grading
1 131 Bill Fitzpatrick	M65 SC Striders	9:09.84	9:57.96 79.21%

M75 2000 Meter Steeplechase

Name	Age Team	Finals	Age-Grading
1 227 Ev Murdock	M75 Unattached	10:36.35	9:32.85 82.68%

W29&U 3000 Meter Steeplechase

Name	Age Team	Finals	Age-Grading
-- 108 Jamie Fiddler	W26 ARC Run Club	DNF	

W40 3000 Meter Steeplechase

Name	Age Team	Finals	Age-Grading
1 208 Minori Hayakari	W43 Unattached	10:20.11	10:20.12 87.34%
-- 106 Susan Armenta	W42 ARC Run Club	DNF	

M29&U 4x100 Meter Relay

Team	Finals
1 So Cal Track Club 'A'	50.93
1) 143 Joe Blackman 45	2) 154 Justin Hernan 33

M29&U 4x800 Meter Relay

Team	Finals
1 ARC Run Club 'A'	10:33.49

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...M29&U 4x800 Meter Relay

- | | |
|---------------------------|----------------------------|
| 1) 107 Robert Elsinger 41 | 2) 110 Mark Fitzpatrick 45 |
| 3) 113 Jonathan Tan 31 | 4) 275 Rony Vega 33 |

M29&U 1600 Sprint Medley

Team	Finals
1 So Cal Track Club 'A'	3:53.70
1) 146 James Chinn 57	2) 252 Rafer Weaver 47
3) 154 Justin Hernandez 33	4) 268 Keith Chambers 37
2 ARC Run Club 'A'	4:21.46
1) 113 Jonathan Tan 31	2) 107 Robert Elsinger 41
3) 275 Rony Vega 33	4)

W65 High Jump

Name	Age Team	Finals	Age-Grading
1 141 Annelies Steekelen	W68 SC Striders	1.25m 4-01.25	1.83m 88.03%
1.05 1.10 1.15 1.20 1.23 1.25 1.30			
O O O O P XO XXX			

W75 High Jump

Name	Age Team	Finals	Age-Grading
1 127 Kathy Bergen	W76 SC Striders	1.20m 3-11.25	2.05m 98.36%
1.05 1.10 1.15 1.20 1.23			
O O O XO XXX			

M45 High Jump

Name	Age Team	Finals	Age-Grading
1 263 Majid Niroumand	M45 So Cal Track Club	1.40m 4-07.00	1.54m 63.06%
1.20 1.25 1.30 1.35 1.40 1.45			
O O O XXO O XXX			

M50 High Jump

Name	Age Team	Finals	Age-Grading
1 199 Jonathan Forte	M51 Unattached	1.45m 4-09.00	1.68m 68.72%
1.35 1.40 1.45 1.50			
O O XO XXX			

M55 High Jump

Name	Age Team	Finals	Age-Grading
1 158 Mahmoud Niroumand	M59 So Cal Track Club	1.50m 4-11.00	1.84m 75.00%
1.35 1.40 1.45 1.50 1.55			
O XO O O XX			

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M60 High Jump

Name	Age Team	Finals	Age-Grading
1 185 Willie Banks 1.45 1.50 1.55 1.65 1.73 1.82 O O O XO O XXX	M60 Unattached	1.73m 5-08.00	2.25m 92.02%
2 156 David McLawhorn 1.25 1.30 1.35 XO O XXX	M61 So Cal Track Club	1.30m 4-03.25	1.69m 69.15%
3 135 Bob Larsen 1.10 1.15 1.20 1.25 1.30 O O O O XXX	M62 SC Striders	1.25m 4-01.25	1.62m 66.49%
4 257 Daniel Lloyd 1.05 1.10 1.15 1.20 O O XO XXX	M62 Weight City	1.15m 3-09.25	1.49m 61.17%

M65 High Jump

Name	Age Team	Finals	Age-Grading
1 159 Charlie Rader 1.40 1.42 1.45 1.50 1.55 O P O XO XXX	M68 So Cal Track Club	1.50m 4-11.00	2.08m 84.75%

M70 High Jump

Name	Age Team	Finals	Age-Grading
1 206 James Goodreau 1.30 1.35 1.40 O XXO XXX	M71 Unattached	1.35m 4-05.00	2.00m 81.82%
2 235 James Robie 1.25 1.30 1.35 O XO XXX	M70 Unattached	1.30m 4-03.25	1.92m 78.79%
3 190 Otis Burrell 1.25 1.30 O XXX	M72 Unattached	1.25m 4-01.25	1.85m 75.76%

M75 High Jump

Name	Age Team	Finals	Age-Grading
1 196 John Dobroth 1.30 1.35 1.40 1.42 1.45 O O P XO XX	M75 Unattached	1.42m 4-07.75	2.26m 92.21%
2 126 Bert Bergen 1.10 1.15 1.20 1.25 1.30 O O O O XXX	M78 SC Striders	1.25m 4-01.25	1.99m 81.17%
3 238 Steve Ryan 1.05 1.10 XXO XXX	M75 Unattached	1.05m 3-05.25	1.67m 68.18%

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Results - Today's Meet - Age Grading: 5 Yr Indiv & 5 yr Multi

W60 Pole Vault

Name	Age Team	Finals	Age-Grading
1 132 Rita Hanscom 2.29 2.44 2.59 2.75 XO O O XXX	W62 SC Striders	2.59m 8-06.00	3.86m 75.07%

M40 Pole Vault

Name	Age Team	Finals	Age-Grading
1 145 Stanley Carranza 3.20 3.35 3.50 XO XO XXX	M41 So Cal Track Club	3.35m 10-11.75	3.60m 58.77%

M45 Pole Vault

Name	Age Team	Finals	Age-Grading
1 183 Claudio Andrade 3.05 3.20 3.35 XO O XXX	M49 Unattached	3.20m 10-06.00	3.67m 59.81%

M55 Pole Vault

Name	Age Team	Finals	Age-Grading
1 120 Tim McIntyre 3.65 3.97 4.10 4.20 XO O O XXX	M55 Higher Flyers	4.10m 13-05.25	5.40m 87.98%
2 225 Richard Morales 2.90 3.05 3.20 XO XXO XXX	M59 Unattached	3.05m 10-00.00	4.02m 65.45%
3 158 Mahmoud Niroumand 2.15 2.45 2.60 O XO XXX	M59 So Cal Track Club	2.45m 8-00.50	3.22m 52.58%

M65 Pole Vault

Name	Age Team	Finals	Age-Grading
1 226 Steve Morris 2.44 2.59 2.75 3.05 O O O XXX	M66 Unattached	2.75m 9-00.25	4.25m 69.27%

W40 Long Jump

Name	Age Team	Finals	Wind	Age-Grading
1 262 Allison Cowdell FOUL(0.5) 4.43m(1.1) 4.42m(0.2) 4.51m(2.0) FOUL(2.3) 4.17m(+0.0)	W44 Unattached	4.51m	2.0	14-09.75 5.00m 66.62%

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Cerritos College

Results - Today's Meet - Age Grading: 5 Yr Indiv & 5 yr Multi

W60 Long Jump

Name	Age Team	Finals	Wind	Age-Grading
1 129 Linda Cohn	W63 SC Striders	3.72m	1.5 12-02.50	5.35m 71.26%
FOUL(0.9) FOUL(0.9) FOUL(+0.0) 3.72m(1.5) 3.62m(1.8) 3.56m(1.9)				

M45 Long Jump

Name	Age Team	Finals	Wind	Age-Grading
1 261 Lawrence Felton	M49 Unattached	5.33m	2.0 17-06.00	6.15m 68.77%
5.11m(0.5) 5.14m(1.1) 5.20m(0.9) 5.25m(1.1) 5.33m(2.0) 5.25m(2.1)				
2 143 Joe Blackman	M45 So Cal Track Club	4.71m	1.0 15-05.50	5.44m 60.77%
4.71m(1.0)				
3 263 Majid Niroumand	M45 So Cal Track Club	4.40m	0.8 14-05.25	5.08m 56.77%
4.25m(2.2) 3.97m(0.8) 4.40m(0.8) 4.24m(0.5)				

M50 Long Jump

Name	Age Team	Finals	Wind	Age-Grading
1 157 Art Morrow	M51 So Cal Track Club	3.57m	NWI 11-08.50	4.38m 49.04%
3.20m(0.9) 3.38m(0.8) 3.45m(2.4) 3.57m(NWI)				

M55 Long Jump

Name	Age Team	Finals	Wind	Age-Grading
1 158 Mahmoud Niroumand	M59 So Cal Track Club	4.72m	0.6 15-06.00	6.19m 69.21%
4.72m(0.6) 4.42m(0.6)				

M60 Long Jump

Name	Age Team	Finals	Wind	Age-Grading
1 185 Willie Banks	M60 Unattached	5.30m	NWI 17-04.75	7.46m 83.33%
5.09m(1.5) 5.23m(1.1) 3.36m(1.6) 5.30m(NWI)				
2 217 John Kuechle	M64 Unattached	4.41m	1.2 14-05.75	6.20m 69.34%
FOUL(+0.0) 3.42m(0.7) 4.41m(1.2) FOUL(0.2) 4.20m(2.1) FOUL(0.4)				
3 156 David McLawhorn	M61 So Cal Track Club	4.19m	+0.0 13-09.00	5.89m 65.88%
FOUL FOUL(0.1) 4.19m(+0.0) 3.95m(1.2) 4.14m(2.0) FOUL(0.8)				
4 178 Patrick Pittman	M63 Trojan Masters T.C.	3.35m	1.8 11-00.00	4.71m 52.67%
3.05m(0.3) 3.35m(1.8) 3.09m(0.8) 3.07m(1.5) 2.11m(1.1) 3.09m(+0.0)				

M65 Long Jump

Name	Age Team	Finals	Wind	Age-Grading
1 163 John Tomaschke	M66 So Cal Track Club	4.23m	0.8 13-10.50	6.42m 71.82%
3.52m(0.3) FOUL(+0.0) 4.12m(1.8) 4.23m(0.8)				
2 236 Ed Rose	M67 Unattached	3.56m	1.0 11-08.25	5.40m 60.44%
FOUL(0.3) FOUL(+0.0) FOUL(1.4) FOUL(0.1) 3.56m(1.0) FOUL(2.1)				

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Results - Today's Meet - Age Grading: 5 Yr Indiv & 5 yr Multi

M75 Long Jump

Name	Age Team	Finals	Wind	Age-Grading
1 238 Steve Ryan	M75 Unattached	3.07m	1.3	10-01.00 5.53m 61.77%
		3.00m(0.8) 2.96m(+0.0)		FOUL(2.4) 2.76m(+0.0) 3.07m(1.3) 2.70m(-0.1)
2 267 Jerry Silverman	M79 Unattached	1.67m	NWI	5-05.75 3.00m 33.60%
		1.67m(NWI)		

W29&U Triple Jump

Name	Age Team	Finals	Wind	Age-Grading
1 276 Madeline LeDuc	W26 Unattached	12.08m	3.3	39-07.75 12.08m 77.94%
		12.08m(3.3) FOUL(-2.7)		11.41m(1.6) 11.74m(1.4) FOUL(0.5) 11.55m(+0.0)

W40 Triple Jump

Name	Age Team	Finals	Wind	Age-Grading
1 262 Allison Cowdell	W44 Unattached	9.62m	1.1	31-06.75 10.37m 66.90%
		9.09m(0.9) 9.43m(2.1) 9.52m(2.6)		9.62m(1.1) 8.92m(2.1) PASS(+0.0)

W60 Triple Jump

Name	Age Team	Finals	Wind	Age-Grading
1 129 Linda Cohn	W63 SC Striders	8.09m	2.8	26-06.50 11.37m 73.41%
		7.12m(2.0) 7.97m(3.9) 8.09m(2.8)		8.06m(1.8) PASS PASS

M45 Triple Jump

Name	Age Team	Finals	Wind	Age-Grading
1 263 Majid Niroumand	M45 So Cal Track Club	9.46m	4.0	31-00.50 10.66m 58.29%
		8.52m(-0.2) 9.46m(4.0) 9.41m(3.0)		
2 143 Joe Blackman	M45 So Cal Track Club	8.84m	2.2	29-00.00 9.96m 54.47%
		PASS 8.84m(2.2)		

M55 Triple Jump

Name	Age Team	Finals	Wind	Age-Grading
1 158 Mahmoud Niroumand	M59 So Cal Track Club	10.40m	2.7	34-01.50 13.30m 72.78%
		9.97m(-1.7) 10.12m(3.1) 10.40m(2.7)		

M60 Triple Jump

Name	Age Team	Finals	Wind	Age-Grading
1 156 David McLawhorn	M61 So Cal Track Club	8.19m	-0.4	26-10.50 11.23m 61.44%
		8.13m(2.3) 8.19m(-0.4) FOUL(1.9)		7.97m(2.5) 7.79m(2.5) 7.81m(1.7)
2 178 Patrick Pittman	M63 Trojan Masters T.C.	7.29m	1.6	23-11.00 10.00m 54.69%
		7.12m(+0.0) 7.29m(1.6) 7.19m(-0.7)		7.16m(3.7) FOUL(1.2) 7.09m(0.9)

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Results - Today's Meet - Age Grading: 5 Yr Indiv & 5 yr Multi

M65 Triple Jump

Name	Age Team	Finals	Wind	Age-Grading
1 163 John Tomaschke	M66 So Cal Track Club	9.33m	-1.7	30-07.50 13.80m 75.49%
FOUL(2.8) FOUL(1.5) 9.33m(-1.7) FOUL(1.7) FOUL(-2.0) FOUL(1.1)				
2 236 Ed Rose	M67 Unattached	7.77m	0.7	25-06.00 11.49m 62.86%
7.53m(-1.0) 7.77m(0.7) 7.72m(-0.1) 7.77m(2.2)				

M75 Triple Jump

Name	Age Team	Finals	Wind	Age-Grading
1 238 Steve Ryan	M75 Unattached	5.23m	1.1	17-02.00 9.17m 50.19%
FOUL 5.23m(1.1) FOUL FOUL				

W40 Shot Put

Name	Age Team	Finals	Age-Grading
1 262 Allison Cowdell	W44 Unattached	9.82m	32-02.75 10.90m 48.16%
9.63m FOUL FOUL 9.71m FOUL 9.82m			

W60 Shot Put

Name	Age Team	Finals	Age-Grading
1 129 Linda Cohn	W63 SC Striders	8.95m	29-04.50 13.43m 59.39%
8.95m 8.60m FOUL 8.67m 8.67m 8.93m			

M35 Shot Put

Name	Age Team	Finals	Age-Grading
1 160 Mike Rainis	M37 So Cal Track Club	13.92m	45-08.00 14.43m 62.45%
13.61m 13.68m 13.92m FOUL 13.70m 13.64m			

M45 Shot Put

Name	Age Team	Finals	Age-Grading
1 261 Lawrence Felton	M49 Unattached	11.30m	37-01.00 13.58m 58.76%
10.37m 10.24m 11.06m 10.73m 11.30m FOUL			

M55 Shot Put

Name	Age Team	Finals	Age-Grading
1 209 Greg Holden	M58 Unattached	13.55m	44-05.50 17.21m 74.45%
12.84m 13.55m FOUL 12.92m FOUL FOUL			
2 166 Shaun Ward	M59 So Cal Track Club	9.59m	31-05.75 12.18m 52.69%
9.17m 9.54m FOUL 9.16m 9.42m 9.59m			

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Results - Today's Meet - Age Grading: 5 Yr Indiv & 5 yr Multi

M60 Shot Put

Name	Age Team	Finals	Age-Grading
1 164 Quenton Torbert	M64 So Cal Track Club	15.82m 51-11.00	19.74m 85.42%
15.62m 15.82m 15.10m 15.22m 15.24m 15.36m			
2 257 Daniel Lloyd	M62 Weight City	13.64m 44-09.00	17.02m 73.65%
13.64m FOUL FOUL FOUL FOUL FOUL			
3 205 John Goldhammer	M62 Unattached	12.52m 41-01.00	15.62m 67.60%
12.36m 12.52m			
4 116 Richard Watson	M63 AZ Desert Throwers	10.53m 34-06.75	13.14m 56.86%
9.30m 9.62m 9.43m 10.15m 10.17m 10.53m			

M65 Shot Put

Name	Age Team	Finals	Age-Grading
1 219 James Malin	M65 Unattached	10.38m 34-00.75	14.12m 61.09%
9.16m 8.83m 10.38m FOUL FOUL 9.11m			
2 181 Bob Sheets	M66 U.S. Air Force	7.72m 25-04.00	10.50m 45.44%
7.36m FOUL 7.72m FOUL PASS PASS			

M70 Shot Put

Name	Age Team	Finals	Age-Grading
1 254 Ronald Widmer	M73 Unattached	9.81m 32-02.25	12.56m 54.35%
9.81m FOUL 9.09m 9.27m FOUL 9.24m			

M75 Shot Put

Name	Age Team	Finals	Age-Grading
1 155 Ken Hurlbert	M76 So Cal Track Club	11.11m 36-05.50	15.54m 67.25%
11.11m 10.77m FOUL 10.70m FOUL 10.85m			

M80 Shot Put

Name	Age Team	Finals	Age-Grading
1 148 Joe Durrenberger	M81 So Cal Track Club	9.58m 31-05.25	14.42m 62.37%
9.11m 9.32m 9.06m FOUL 9.58m FOUL			
2 203 Marvin Ginsburg md	M80 Unattached	9.21m 30-02.75	13.86m 59.96%
8.65m 8.56m FOUL 8.71m 8.81m 9.21m			
3 237 Alan Rosen	M80 Unattached	8.01m 26-03.50	12.05m 52.15%
7.46m 7.32m 7.04m FOUL 7.31m 8.01m			
4 140 Ernie Smith	M82 SC Striders	7.36m 24-01.75	11.07m 47.92%
FOUL 7.36m 6.93m FOUL PASS PASS			

W40 Discus Throw

Name	Age Team	Finals	Age-Grading
1 262 Allison Cowdell	W44 Unattached	38.57m 126-06	43.00m 56.00%
FOUL 33.56m 38.57m FOUL 34.79m FOUL			

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Results - Today's Meet - Age Grading: 5 Yr Indiv & 5 yr Multi

W60 Discus Throw

Name	Age Team	Finals	Age-Grading
1 129 Linda Cohn 20.85m 23.84m 0.67m 21.71m 24.53m 22.84m	W63 SC Striders	24.53m 80-06	39.15m 50.98%

W65 Discus Throw

Name	Age Team	Finals	Age-Grading
1 141 Annelies Steekelen 18.67m 17.93m 16.51m 18.28m 20.91m 20.12m	W68 SC Striders	20.91m 68-07	37.48m 48.81%

W75 Discus Throw

Name	Age Team	Finals	Age-Grading
1 127 Kathy Bergen FOUL 20.03m 20.35m 17.76m 18.36m FOUL	W76 SC Striders	20.35m 66-09	43.84m 57.10%

M45 Discus Throw

Name	Age Team	Finals	Age-Grading
1 207 Brian Gore FOUL 19.85m 22.56m FOUL 23.51m 23.41m	M48 Unattached	23.51m 77-01	28.32m 38.24%

M50 Discus Throw

Name	Age Team	Finals	Age-Grading
1 246 Paul Stensrud 32.09m FOUL 36.38m FOUL	M51 Unattached	36.38m 119-04	37.17m 50.18%

M55 Discus Throw

Name	Age Team	Finals	Age-Grading
1 209 Greg Holden FOUL 33.86m 36.98m FOUL 33.94m 32.04m	M58 Unattached	36.98m 121-04	41.05m 55.43%
2 204 G Gold 34.56m 36.55m 36.36m FOUL 34.93m 32.02m	M56 Unattached	36.55m 119-11	40.58m 54.78%
3 186 James Barry 29.27m 30.00m FOUL 31.34m 27.55m FOUL	M58 Unattached	31.34m 102-10	34.79m 46.97%

M60 Discus Throw

Name	Age Team	Finals	Age-Grading
1 205 John Goldhammer FOUL 42.96m FOUL 44.98m FOUL 45.31m	M62 Unattached	45.31m 148-08	48.15m 65.01%
2 234 Robert Rice FOUL 43.01m FOUL FOUL 37.08m 43.39m	M61 Unattached	43.39m 142-04	46.11m 62.25%
3 259 Bob Morris FOUL 32.97m 29.55m 35.25m 33.85m FOUL	M63 Unattached	35.25m 115-08	37.46m 50.57%

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Results - Today's Meet - Age Grading: 5 Yr Indiv & 5 yr Multi

...M60 Discus Throw

4	257 Daniel Lloyd	M62 Weight City	32.58m	106-11	34.62m	46.74%
	32.58m 29.97m FOUL FOUL 30.98m 30.73m					
5	162 Mike Tipping	M63 So Cal Track Club	31.75m	104-02	33.74m	45.55%
	29.95m 29.64m 31.75m 29.34m 26.96m FOUL					
6	116 Richard Watson	M63 AZ Desert Throwers	30.56m	100-03	32.47m	43.85%
	21.34m FOUL FOUL 21.02m 30.56m 28.29m					
7	192 Thomas Colley	M60 Unattached	27.87m	91-05	29.62m	39.99%
	26.60m 27.87m 27.08m 24.80m FOUL 27.46m					

M65 Discus Throw

Name	Age Team	Finals	Age-Grading
1 265 Monte Gast	M68 Unattached	24.09m	79-00 28.03m 37.84%
	22.58m FOUL FOUL 24.09m FOUL 22.48m		
2 181 Bob Sheets	M66 U.S. Air Force	23.53m	77-02 27.38m 36.96%
	FOUL FOUL FOUL 21.30m FOUL 23.53m		

M80 Discus Throw

Name	Age Team	Finals	Age-Grading
1 237 Alan Rosen	M80 Unattached	27.17m	89-02 44.67m 60.30%
	26.19m 24.92m 25.26m 25.53m 25.78m 27.17m		
2 148 Joe Durrenberger	M81 So Cal Track Club	21.43m	70-04 35.23m 47.56%
	19.84m 19.08m 20.50m 19.50m 18.23m 21.43m		
3 203 Marvin Ginsburg md	M80 Unattached	19.77m	64-10 32.50m 43.87%
	18.76m 19.00m 19.59m 19.43m 19.77m 18.60m		

M40 Hammer Throw

Name	Age Team	Finals	Age-Grading
1 149 Kevin Eubanks	M43 So Cal Track Club	43.44m	142-06 48.87m 56.35%
	FOUL FOUL 39.73m 43.44m FOUL 41.92m		

M55 Hammer Throw

Name	Age Team	Finals	Age-Grading
1 204 G Gold	M56 Unattached	32.68m	107-03 42.95m 49.52%
	31.52m 31.16m 32.09m 30.96m 32.68m 31.11m		

M60 Hammer Throw

Name	Age Team	Finals	Age-Grading
1 205 John Goldhammer	M62 Unattached	54.82m	179-10 71.71m 82.68%
	54.23m 53.66m 54.82m		
2 116 Richard Watson	M63 AZ Desert Throwers	38.21m	125-04 49.98m 57.63%
	36.89m 37.16m 37.30m 37.17m 38.11m 38.21m		
3 115 John Edmonston	M62 AZ Desert Throwers	37.94m	124-06 49.63m 57.22%
	35.61m FOUL 34.06m FOUL 37.94m 36.28m		
4 156 David McLawhorn	M61 So Cal Track Club	20.68m	67-10 27.05m 31.19%
	FOUL 17.54m FOUL 18.88m 20.68m 18.80m		

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Results - Today's Meet - Age Grading: 5 Yr Indiv & 5 yr Multi

M65 Hammer Throw

Name	Age Team	Finals	Age-Grading
1 181 Bob Sheets	M66 U.S. Air Force	23.12m	75-10 33.88m 39.07%
18.96m FOUL FOUL	23.12m 21.05m FOUL		

M80 Hammer Throw

Name	Age Team	Finals	Age-Grading
1 148 Joe Durrenberger	M81 So Cal Track Club	20.13m	66-00 37.55m 43.29%
19.99m 20.13m 19.32m	19.62m 18.54m FOUL		

W40 Javelin Throw

Name	Age Team	Finals	Age-Grading
1 262 Allison Cowdell	W44 Unattached	34.82m	114-03 39.95m 54.73%
29.14m 34.82m 33.50m	FOUL 33.10m 33.03m		

W45 Javelin Throw

Name	Age Team	Finals	Age-Grading
1 102 Ilona Kojalovica	W49 A Snail's Pa	33.39m	109-06 41.66m 57.08%
30.34m 31.25m FOUL	31.80m 33.39m 32.97m		

W60 Javelin Throw

Name	Age Team	Finals	Age-Grading
1 129 Linda Cohn	W63 SC Striders	36.36m	119-03 58.60m 80.28%
29.70m 32.50m 33.58m	36.36m 33.93m 32.62m		

W65 Javelin Throw

Name	Age Team	Finals	Age-Grading
1 141 Annelies Steekelen	W68 SC Striders	16.42m	53-10 29.83m 40.88%
15.33m FOUL FOUL FOUL	16.42m FOUL		

W75 Javelin Throw

Name	Age Team	Finals	Age-Grading
1 127 Kathy Bergen	W76 SC Striders	18.21m	59-09 41.50m 56.85%
18.21m 17.17m 18.16m	FOUL FOUL 17.13m		

M45 Javelin Throw

Name	Age Team	Finals	Age-Grading
1 207 Brian Gore	M48 Unattached	28.72m	94-03 33.64m 34.17%
26.71m FOUL 27.81m	27.94m 28.72m 25.51m		

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M50 Javelin Throw

Name	Age Team	Finals	Age-Grading
1 216 Joe Kelly Sr 35.51m FOUL FOUL 36.49m 46.61m 32.01m	M53 Unattached	46.61m	152-11 57.22m 58.11%
2 157 Art Morrow 18.10m 17.65m FOUL	M51 So Cal Track Club	18.10m	59-04 22.22m 22.57%
-- 246 Paul Stensrud FOUL x	M51 Unattached	FOUL	

M55 Javelin Throw

Name	Age Team	Finals	Age-Grading
1 158 Mahmoud Niroumand 40.34m 43.07m 47.41m 39.62m 45.85m FOUL	M59 So Cal Track Club	47.41m	155-06 63.43m 64.42%
2 243 Michael Shea 37.39m FOUL FOUL FOUL FOUL 38.28m	M56 Unattached	38.28m	125-07 51.21m 52.01%
3 186 James Barry 29.51m FOUL 32.54m 31.51m 31.93m 32.50m	M58 Unattached	32.54m	106-09 43.53m 44.21%
4 166 Shaun Ward 25.23m FOUL FOUL	M59 So Cal Track Club	25.23m	82-09 33.75m 34.28%

M60 Javelin Throw

Name	Age Team	Finals	Age-Grading
1 259 Bob Morris 35.07m 34.82m 34.65m 32.49m 34.40m 32.76m	M63 Unattached	35.07m	115-01 49.58m 50.35%
2 116 Richard Watson 31.30m 32.23m 34.05m 35.03m 29.32m 34.71m	M63 AZ Desert Throwers	35.03m	114-11 49.53m 50.29%

M65 Javelin Throw

Name	Age Team	Finals	Age-Grading
1 180 Ron Rook 30.59m 30.26m 30.74m FOUL 28.09m 30.29m	M67 Trojan Masters T.C.	30.74m	100-10 48.01m 48.75%
2 265 Monte Gast 29.76m 27.34m 25.83m 4.83m 6.15m FOUL	M68 Unattached	29.76m	97-08 46.48m 47.20%

M70 Javelin Throw

Name	Age Team	Finals	Age-Grading
1 241 John Schneider 30.83m 32.52m 33.34m FOUL	M70 Unattached	33.34m	109-04 56.01m 56.87%
2 235 James Robie 22.21m FOUL FOUL FOUL 22.79m FOUL	M70 Unattached	22.79m	74-09 38.28m 38.88%

M50 Weight Throw

Name	Age Team	Finals	Age-Grading
1 277 Greg Retzer FOUL 15.63m 15.08m FOUL 15.83m 15.79m	M51 So Cal Track Club	15.83m	51-11.25 16.60m 64.19%

USATF SoCal Masters Championships - 5/28/2016

Cerritos College

Results - Today's Meet - Age Grading: 5 Yr Indiv & 5 yr Multi

....M50 Weight Throw

2	157 Art Morrow	M51 So Cal Track Club	5.70m	18-08.50	5.97m	23.11%
	5.60m 4.53m FOUL 5.40m 5.70m 5.68m					

M55 Weight Throw

Name	Age Team	Finals	Age-Grading
1 204 G Gold	M56 Unattached	12.27m	40-03.25 13.77m 53.26%
	11.78m 11.72m FOUL 12.00m 12.27m FOUL		

M60 Weight Throw

Name	Age Team	Finals	Age-Grading
1 205 John Goldhammer	M62 Unattached	20.01m	65-07.75 20.85m 80.65%
	19.86m 19.93m 19.68m 19.94m 19.30m 20.01m		
2 116 Richard Watson	M63 AZ Desert Throwers	12.76m	41-10.50 13.30m 51.43%
	12.49m FOUL FOUL 12.69m 12.56m 12.76m		

M80 Weight Throw

Name	Age Team	Finals	Age-Grading
1 148 Joe Durrenberger	M81 So Cal Track Club	9.89m	32-05.50 12.89m 49.87%
	8.20m 9.74m 9.29m 8.86m 9.32m 9.89m		

M50 Super Weight

Name	Age Team	Finals	Age-Grading
1 277 Greg Retzer	M51 So Cal Track Club	8.46m	27-09.25
	7.80m 8.46m FOUL FOUL FOUL FOUL		

M60 Super Weight

Name	Age Team	Finals	Age-Grading
1 205 John Goldhammer	M62 Unattached	11.19m	36-08.50
	10.12m 10.61m 10.60m 10.94m 10.57m 11.19m		
2 116 Richard Watson	M63 AZ Desert Throwers	7.75m	25-05.25
	7.04m 7.40m 7.58m 7.32m 7.50m 7.75m		

M80 Super Weight

Name	Age Team	Finals	Age-Grading
1 148 Joe Durrenberger	M81 So Cal Track Club	6.19m	20-03.75
	5.54m 5.40m 5.99m 6.19m FOUL FOUL		

W29&U 5000 Meter Race Walk

Name	Age Team	Finals	Age-Grading
1 108 Jamie Fiddler	W26 ARC Run Club	34:16.19	34:16.20 57.73%

USATF SoCal Masters Championships - 5/28/2016**Cerritos College****Results - Today's Meet - Age Grading: 5 Yr Indiv & 5 yr Multi****W40 5000 Meter Race Walk**

Name	Age Team	Finals	Age-Grading
1 106 Susan Armenta	W42 ARC Run Club	29:32.12	28:25.67 69.59%

M50 5000 Meter Race Walk

Name	Age Team	Finals	Age-Grading
1 157 Art Morrow	M51 So Cal Track Club	31:27.55	27:33.31 65.18%

M55 5000 Meter Race Walk

Name	Age Team	Finals	Age-Grading
1 230 George Papacalos	M56 Unattached	38:05.62	31:57.64 56.19%

M65 5000 Meter Race Walk

Name	Age Team	Finals	Age-Grading
1 253 Stephen Wennerstro	M67 Unattached	35:55.04	27:17.84 65.79%

